Volume 28 Number 3



Summer Session 2021

#### Make 55+ the Best Time of Your Life!

#### Enjoy life! Engage in learning! Meet new friends! Make a difference!

Serving Northeast Florida

2105 Park Avenue, Suite 30, Orange Park, FL 32073

Phone: (904) 269-5315 Email: info@tscoop.org Website: www.tscoop.org

Our Mission is to assist seniors by improving their quality of life through educational programming, intellectually, physically, socially and spiritually... Living Life and Loving It!

We are happy to share that we will have in-person classes for the Summer Session. I am very grateful for our church partners, Crossroads Lutheran, Orange Park Presbyterian, and Orange Park United Methodist Church for having us return to their locations. In celebration, Orange Park United Methodist is offering our first lunch for free, RESERVATAIONS ARE REQUIRED!

We will also be offering a few classes via zoom on Mondays, Tuesdays and Wednesdays.

As a courtesy to our instructors, **PLEASE PRE-REGISTER FOR YOUR CLASSES!** You may wait to pay for the class on the first day of classes, but our teachers need to know how many will be in their class.

Please consider getting the Covid vaccination, do not attend classes if you are ill, and frequently wash your hands. We want to make sure everyone has a safe learning experience.

We can't wait to see you! Suzanne Tower and The Board of Directors

#### **GOLDEN YEARS GALA**

Thank you to everyone who made the Gala a success!

The committee did an amazing job: Susan Stobe (Chair), Al Benson, Ernie Cohen, Andrea Crowder, Lori Donalty, Connie Eden, Ruth Johansen, Katy Kearson, Esther Lee, and Suzanne Tower!

Thank you to all who attended, bought tickets, gave sponsorships, donated auction items, and purchased auction items.

Congratulations to the honorees:

**Lifetime Achievement:** Esther Lee

**Men of the Year:** Elmer Posick and Mike Youngblood **Women of the Year:** Margo Hay and Delores Wellner

**Shepherd's Center Outstanding Service Award:** Suzanne Tower

The new location, Sullivan Hall, was a great success.

**Print Sponsor** — St. Giles Presbyterian Church, Pastor Jake Young 116 Foxridge Road, Orange Park, FL 32065 Thank you for your contribution which is instrumental in reaching senior adults!

## A very special thank-you to Trish Diggins for her time and talents in maintaining the SCOOP website, <a href="https://www.tscoop.com">www.tscoop.com</a>

#### Sunshine Committee Report:

Thank you, Barbara Elliott for sending cards out to our members!

Sympathy: Jean Biggs (Son), Family of Pat Brandt, Scotty Hood (Son), Family of Jayne Maierhoffer,

Ms. William Riley (Husband)

<u>Get Well</u>: Katy Kearson, Nancy Keown, Ann Sieber <u>Thinking of You:</u> Lucy Dukes and Marie Tyre

Contact the office at 269-5315 if you know of someone who needs prayer, is ill or is grieving; let us

know and a card will be sent.

#### **WELCOME TO OUR NEW PARTICIPANTS!**

Jan Goodrich Norma Hawkinson Michelle Hord Arthur Ivey

Ann Lee Carol McCamy Susan Miller

#### Thank You to Orange Park United Methodist Church

Shepherd's Center of Orange Park (SCOOP) would like to thank Orange Park United Methodist Church for their many years of partnership with our organization. SCOOP exists and continues to grow because of their generosity. Orange Park United Methodist Church provides the Family Life Center for the "Adventures in Learning" Program, saving SCOOP tens of thousands of dollars. We very much appreciate their commitment to our program, senior adults and this community!

#### **NEW CLASSES** — See registration form on page 5.

**Basic Drawing I:** Drawing from direct observation with an emphasis on space, volume, linear and free hand perspective. **Register by 6/28.** 

Clay History—Vishi Garig, Clay County Archivist, will walk us through Clay History.

<u>Computer Training</u>—Joe Pacachek—Computer training will focus on two key aspects of how we use personal computers today – Online use and Offline use. The class will make connections between online and offline use, staying safe, and protecting your computer from "cyber attacks." The class will be taught from a Microsoft Windows perspective, though Apple Mac users will find it equally beneficial.

<u>Flower Arranging</u>—Limit class to 12. Cost per person \$16 paid at first class to Ruth Johansen. Student provides flowers, scissors, clippers. Greenery, container and oasis for designs will be provided. We will learn the Elements of Design and Principles of Design to make 8 floral arrangements. **Register by 6/28.** 

<u>Greeting Cards</u>—Pat Fiedler—This class is limited to 10 students and the supply fee is \$20 payable to Pat Fiedler. You will need scissors, glue and pens or pencils to color your cards. **Register by 6/28.** 

<u>Jewelry Making</u>—Nancy Keown, 2 hour class, \$40 supply fee paid to Nancy. Beginners are welcome. Supplies needed: Standard Crimper, Chain or Needle Nose Plyers, Round Nose Plyers, and Side Cutters. Other misc. supplies: Scotch Tape, scissors, and reading glasses (Optional). A detailed list will be emailed upon registration. **Register by 6/28, pick up kit 7/6** 

**Quilting—** Jean Watson & Lucinda Neweskery—Bring your own sewing machine. Jean and Lucinda will supply the needed materials in a kit. There is a \$40 kit fee, payable to Jean Watson. **Register by 6/28.** 

<u>Tangling on Paper-Chris Bass-Tangling</u> is a drawing style that centers on and follows detailed step-by-step instructions for various patterns. The only equipment needed is a black gel pen, a pencil, a Q-tip for shading, and white paper. cut in four pieces. There is no pressure, and no mistakes, just lots of fun and camaraderie. No art experience needed.

<u>Troll Pots using Air Dry Clay:</u> Glass jars covered in clay and painted to become your troll creation. Fun for growing herbs or succulents. All supplies provided for three pots, kits are \$20 payable to JoElla Manning. **Register by 6/28.** 

<u>Women of the Bible</u> –Esther Lee – Esther will share about women; some famous some generally unknown.

#### SHEPHERD'S CENTER - SPRING CLASSES 2021

Mondays – July 12, 2021 – September 13, 2021 — *Closed 7/26 & 9/6*Orange Park United Methodist Church Family Life Center at 2042 Reed St & Stowe Ave

Room	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
6203	<b>Elder Law</b> Mike Jorgensen Senior Counsel Also via Zoom	Rock-n-Roll 1978-1979 Dave Neal	Current Events Ken Johansen, Susan Howard' & George Tower	<b>Mah Jong</b> Alice Gentile Martha Huff
6204	<b>Bingo for Prizes!</b> Ernie Cohen, Clay Behavioral Health & Kids First	Flower Arranging* Limit 12—\$16 Fee Ruth Johansen	Greeting Cards* Limited to 10 Fee \$20 Pat Fiedler	Water Colors/Acrylic, * Susan Mills Limit: 10/2hrs
6205			<b>iPad Instruction</b> Michael Saffy Silverlink Consulting	
6206	Beginning Quilting  * —3 hour class  Jean Watson &  Lucinda Nemeskery  \$40 kit fee	Beginning Quilting— con't Jean Watson & Lucinda Nemeskery \$40 kit fee	Beginning Quilting —con't Jean Watson & Lucinda Nemeskery \$40 kit fee	Troll Pots using Air Dry Clay * Joella Manning \$25 fee/Limit 10 2 hrs
6207	<b>Clay History</b> Vishi Garig	Women of the Bible Esther Lee	<b>iPhone Instruction</b> Jami Kelly, Allegro Fleming Island	<b>Chair Yoga</b> Connie Eden
GYM	Tai' Chi for Arthritis with Meditation Glenda Hofer	Movement/Exercise Susan Stobe Pennies from Heaven Playing 10-12	Line Dancing Hal Hill & LouAnn Simpson Pennies continued	

Classes via Zoom, Tuesday and Wednesdays			
Galavanting through Jacksonville History Tuesday 11am Kate Riggs Life Care Center	Jewelry Making * Tuesday 1—3pm Nancy Keown \$40 supply fee, limit 8	Chair Exercise Wednesdays 9am Amanda Draga Palagio Senior Living	Tangling on Paper Wednesday 1pm Chris Bass

#### **Bridge**

Orange Park Presbyterian Church, Tuesday 1:30 – 3:30 P.M. - Reservations required.
Call Scotty Hood at 269-7226 or Shirley Reynolds at 269-5665

#### \* Classes require pre-registration

Anyone interested in such a class (marked by "an asterik "\*") should sign up prior to June 28, 2021 Payment is not due with pre-registration. If the number of registrants exceed the number of spots, there will be a lottery for the class.

# SHEPHERD'S CENTER -SPRING CLASSES Thursday - July 15, 2021 - September 2, 2021 CrossRoad Lutheran Church, 5101 Lakeshore Dr. West, Fleming Island (Corner Lakeshore Dr. West and 220)

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.
Entry Room	<b>Beginning Tai Chi Gung</b> Carol Newbern	<b>Yoga</b> JoElla Manning Bring your own mat	
207	<b>Crochet</b> Katie Tibbets		Games—poker, gin, Yahtzee, backgammon Steve Leslie
208 A		<b>Basic Drawing*</b> Kristin Eisenstein Palagio Senior Living	Tangling Workshop Chris Bass Use what you learned on Wednesday zoom class!
208 B		Android Phone Instruction Joe Pachacek	Windows Computer Instruction Joe Pachacek
209		<b>Genealogy</b> Charles Nichols & Stanley Carroll	

<sup>\*&#</sup>x27;d classes require pre-registration, class seats will be filled by lottery if enrollment exceeds class size limits.

#### **Luncheon Program, Mondays at our Orange Park Location**

Lunch begins at 12 p.m. in the gym. Make reservations on registration form or call the office. Lunches include an entrée, side, salad, roll and dessert.

Lunch \$7.00 — Reservations required. The lunch menu may be subject to change!

If you prefer, you are welcome to bring your own lunch.

July 12	Welcome Back to SCOOP!	French Pork
July 19	Health Empowerment, Kim Herbert, LPN, DON Palagio	Chicken Adobo
August 2	Flutterbythe Metamorphosis, Sharon Steward	Pork Tenderloin
August 9	Self Care—Now More Than Ever, Community Hospice	Coq Au Vin/Chicken
August 16	How To Boldly Advocate for a Loved One, Mary Daniel	Meatloaf
August 23	Hearts Desire, A Musical Trio	Stuffed Pork Tenderloin
August 30	Modern Hearing Aids, Michael Knapp, New Way Hearing	Chicken Francese
Sept 13	Teacher Appreciation—Sharing of Artistic Projects by our Students	Surprise lunch by Chef "O" of Allegro Fleming Island

To register for the Summer	_		
mail, please send this page in selections. Check the approp		Indicate your choice of	Ì
registration fee and include y		Monday	Tuesday
Monday, Tuesday, Wednesday	\$40.00	9:00 A.M.	11 A.M.
Tuesday, Wednesday, Thursday	\$30.00	Beg. Quilting	ZOOM
All Classes, \$10 discount	\$60.00	Bingo	1 P.M.
One Time New Member Fee	\$25.00	Clay History	Bridge
Donation (e.g. \$12.50 per quarter= \$50.00 annually for	\$	Elder Law	Jewelry * Z00M
Golden Years Gala Ticket	£40.00	Elder Law via Zoom	
Lunch for entire session  Please make your check pay	\$49.00 able to:	Tai Chi for Arthritis	Wednesday via Zoom
The Shepherd's Center 2105 Park Avenue, Suite 30		10:00 A.M.	9 A.M.
Orange Park, FL 32073		Flower	Chair Exercise
		Arranging*	ZOOM
Name:		Movement & Ex	1 P.M.
Address:		Pennies (cards)	Tangling ZOOM
		Rock n Roll	
City:State	Zip	Women/Bible	Thursday
Email:	-	11:00 A.M.	9:00 A.M.
Phone:		Current Events	Crochet
Any changes above? Circle Yes o	or No	Greeting Cards *	Tai Chi Gung
May we <u>e-mail</u> your SCOOP Newsle	etter?	iPad	10:00 A.M.
Sign up for Monday July 12 lunch:		<u>iPhone</u>	Android Phone
orgin up for money july 12 minus.		Line Dancing	Basic Drawing*
Class Fees		1:15 P.M.	Genealogy
Monday, Tuesday, & Wed	lnesday- \$40;	Chair Yoga	Yoga
Tuesday, Wednesday, & Thursday -		Clay Pots*	11:00 A.M.
\$30,	-	 MahJong	Games
All Days - \$60 (\$10	discount)	Watercolors *	Tangling Wkshp
<b>One-Time New Membe</b>	•		Windows
Lunch \$7, reservation	<u>-</u>		Computers
July 12 lunch is free, i required	reservation		Windows

A very special thank you to COMMUNITY HOSPICE and PALLATIVE CARE OF NORTHEAST FLORIDA, PALAGIO SENIOR LIVING, ORANGE PARK MEDICAL CENTER, & SILVER LINK CONSULTING for being platinum sponsors.

Computers via ZOOM

#### **Gala and Individual Contributors**

(February 12, 2021—May 20, 2021)

#### Diamond (\$500+)

Chris Bass David & Carolyn Humphrev Pauline Moore Reinhold Foundation

#### **Emerald \$250 +)**

Clay County Hapitat for Humanity Dave & Connie Eden Fran Isert Ruth & Ken Johansen Suzanne & George Tower

#### Ruby (\$100 +)

Anonymous Colleen Belisle Ollavan Brown Wm & JoAnne Byrnes Patricia Fiedler Scotty Hood Martha Huff Ester Lee Joanne Lubarsky Charlie Lusk Maria MacLeod JoElla Manning Dian McLeod Rhonda Thompson Sherri Webber Chris Youngblood

#### Sapphire (&50+)

Jean Bazely Al Benson Audrey Both Kathleen Booth Richard Bultman Virginia Caulkins Peter Davis Linda Franks Bill French Jackie Golav Rose Hawkins Katy Kearson Carol Klein Susan Nevinger Donna Ponder

#### Sapphire (\$50+)

**Chuck Smithers** Arlene Starling Betty Sullivan Jennie White Virginia Williams

#### **Memoriam**

Roberta Reilly in memory of William Riley Diane Crowe in memory of Pat Brandt

#### **About SCOOP**

Adventures In Learning Classes are taught on various subjects by knowledgeable volunteer instructors. There are four eight week sessions per year. Lunch is also available along with an entertaining lunch program.

SCOOP 2021 Officers:	SCOOP 2021 Trustees:		
Suzanne Tower, Chairman	Carolyn Brunt	Virginia Calkins	
Katy Kearson, Vice Chairman	Connie Eden	Scotty Hood	
Chris Bass, Secretary	Ruth Johansen	Esther Lee	
Chuck Smithers, Treasurer	Charlie Lusk		
Advisory Trustees: Christy Fitzgerald, Exec. Dir.			
Andrea Crowder, Orange Park Medical Center			
Robyn Voigt, Orange Park United Methodist Church			

#### Thank you for considering a gift of support! You can make a difference at SCOOP!

Go to <u>www.tscoop.org</u> under donate or mail to:

The Shepherd's Center of Orange Park, 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Individual contributions are a significant source of our support, as we are funded entirely by the private sector and receive no government funds. Gifts are tax-deductible and will be acknowledged by letter. Please complete the appropriate parts of this form and send it along with your contribution to the above address.

	My contribution is in the	e amount of \$	
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Address			<u> </u>
City	State	Zip Code	<u></u>
ate their memories. Appropr		will be sent to you, ar	or relatives, are effective ways to recognize them and perpetund the person named below will be notified of this contribution.
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City	State	Zip Code	
	1 In Memory of: REGISTRATION AND FINANCIAL INFORMATIO RATION DOES NOT IMPLY ENDORSEMENT, APPR	N MAY BE OBTAINED FROM THE	

Contributions of \$50 or more entitle you to a Golden Years Gala Ticket

# A BIGTHANKYOU to the businesses that financially support the Shepherd's Center of Orange Park!

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