



Volume 30 Number 4

Fall Session 2023

***Make 55+ the Best Time of Your Life!***  
***Enjoy life! Engage in learning! Meet new friends!***  
***Make a difference!***

---

Serving Northeast Florida

2105 Park Avenue, Suite 30, Orange Park, FL 32073

Phone: (904) 269-5315 Email: [info@tscoop.org](mailto:info@tscoop.org) Website: [www.tscoop.org](http://www.tscoop.org)

**Our Mission is to inspire dynamic living among older adults through volunteerism, education, and community connection.**

---

**NEW and Returning CLASSES** — See registration form on page 5.

**Acrylics Instruction** \*-Susan Nevinger— Bring your own supplies. Learn painting techniques and express yourself with acrylics **Pre-registration required by 9/21.** Supply list sent via email.

**Around the World with Bob and Rachel**—Bob & Rachel Sroka— An informative photographic essay covering the sights, culture and food of many different countries.

**Art Appreciation**—Susan Nevinger—Time Travel: Explore exciting cities through great artwork.

**Book Club**—Marty Mayer—Bring a book or your Kindle that you are reading to share. Read a short story as a group to discuss. Have fun reading!

**Chess, Beginning**—Tony Sutton— will teach chess geared for beginners. One hour of instruction, one hour of play. Boards/sets provided for each class.

**Chess, INTERMEDIATE** - Tony Sutton —a chess course designed to take those who have completed a beginners course to the next level. The course is appropriate for those who enjoy playing simple friendly games in social settings but wanting just a bit more!

**Expand Your Mental Health Toolbox**—Dennis Dormady—Learn some simple techniques, from breathing to tapping to self hypnosis, that are used worldwide to deal effectively with the stresses and pressures of life.

**Freaky Friday**—Esther Lee—Strange and unusual places in Florida.

**Getting to Know Yourself through Writing**—Marty Mayer will share writing prompts to get you "talking to yourself on paper." Learn through writing.

**Improv Comedy** \*-Ann Doherty-Hardbattle— Improv is making things up as you go along-no scripts! Ann will guide you through fun improv games, exercises, and scenes. Check out: [annsimprov.com](http://annsimprov.com) If Limit 10 **Pre-registration required by 9/21. No class 10/2 & 10/9 due to instructor absence.**

**Jewelry Making** \*-Nancy Keown, 2 hour class, **\$40 supply fee** paid to Nancy. Beginners are welcome. Supplies needed: Standard Crimper, Chain or Needle Nose Pliers, Round Nose Pliers, Side Cutters, and other misc. supplies. A detailed list will be emailed upon registration.

**Pre-registration required by 9/21**

**Pennies From Heaven**—Sandy Mills—Play Canasta (cards) for an hour at 10 & 11 **(Thursday class requires a minimum of 4 players, pre register by 9/21)**

**Ukulele, Beginning** —Deb Felts—Learn chords and a few songs. You will need a ukulele and The Daily Ukulele: 365 Songs for Better Living (Jumpin' Jim's Ukulele Songbooks)

**Yoga**—Chair Yoga with Connie Eden on Mondays. Mat Yoga with Cindy Smith on Thursdays!

**Zentangle Workshop**— Sharon Fellows and Chris Bass—Zentangle is a drawing process of learning and creating patterns through repetitive strokes which often results in a beautiful work of art. No previous experience or "talent" is necessary. Basic tools can be purchased in the first class.

**A very special thank you to our PLATINUM SPONSORS.**

**COASTAL SPECIALISTS, COMMUNITY HOSPICE and PALLATIVE CARE OF NORTHEAST FLORIDA,  
GREEN INSURANCE, PALAGIO SENIOR LIVING, SENIORS HELPING SENIORS,  
SILVER LINK CONSULTING, AND WALMART HEALTH**

***A very special thank-you to Trish Diggins for her time and talents in maintaining the SCOOP website, [www.tscoop.com](http://www.tscoop.com)***  
***Sunshine Committee Report:***

Thank you, Barbara Elliott for sending cards out to our members!

Sympathy: Bill Boos—father, Kathy Clements—mother Pauline Moore, Betty Ledbetter—Husband Wayne, Carol McConnell—sister, Maxie RoPer—husband Jasper, Art Shad—Aunt, Lynn Shad—sister  
Get Well: Susan Mills and Robin Fabianak

Contact the office at 269-5315 if you know of someone who needs prayer, is ill or is grieving; let us know and a card will be sent.

**WELCOME TO OUR NEW MEMBERS!**

Nancy Beaulieu	Theresa Carabine	Joan Commons	Eric Dahl	Sue Ann Dahl
Dr. Doug Greenberg	Richard Greenwald	Ken Heiser	John Johnson	Luz Lopez
Jerry Maxwell	Karen Maxwell	Margaret Miller	Arvid Nelson	Carol Studer
	Gayle Wells	Karla Ziegner		

**Classes via Zoom, Mondays, Tuesdays, & Wednesdays, October 2—November 29, closed 10/16**

<b>Monday, 9am</b> <b>Elder Law</b> Mike Jorgensen, Senior Counsel	<b>Monday 10am</b> <b>Art Appreciation</b> Susan Nevinger	<b>Tuesday, 11am</b> <b>Traveling Down the Local Rabbit Holes of History</b> Kate Riggs, Kate Riggs Consulting	<b>Wednesday, 9am</b> <b>Chair Exercise</b> Amanda Darga, Palagio Senior Living
--	---	--	---

**It's our 30th anniversary, and we are commemorating THREE decades of making a difference.**

SCOOP has come a long way, from humble beginnings to where we are today. Come join us in this momentous occasion at a celebration lunch, Monday, Oct 2 in the gym of Orange Park Methodist Church's Family Life Center, 2042 Reed St. Bring your friends and family so they can see what a fantastic place our Adventures in Learning Program is. Remember to RSVP by September 25th!

Please consider a donation to SCOOP to help us to continue making a positive impact on the lives of older adults in Northeast Florida. Your donation will help us to grow our program and reach more individuals. Donations also help us keep our fees low, with no increases in the last 12 years! Comparatively, since 2012, the cost of living in the US has increased 40%.

Make a donation of \$30, \$300, \$3000, or whatever amount speaks to you to help us celebrate and meet our mission of inspiring dynamic living among older adults.

**Thank you for considering a gift of support!**

***You can make a difference at SCOOP!***

Go to [www.tscoop.org](http://www.tscoop.org) under donate or mail to:

The Shepherd's Center of Orange Park, 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Individual contributions are a significant source of our support, as we are funded entirely by the private sector. Gifts are tax-deductible and will be acknowledged by letter. Please complete the appropriate parts of this form and send it along with your contribution to the above address.

My contribution is in the amount of \$\_\_\_\_\_.

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Gifts to the Shepherd's Center to memorialize loved ones, or to honor friends or relatives, are effective ways to recognize them and perpetuate their memories. Appropriate letters of acknowledgement will be sent to you, and the person named below will be notified of this contribution.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

In Memory of: \_\_\_\_\_ In Honor of: \_\_\_\_\_

FLORIDA LAW. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE FLORIDA DEPARTMENT OF AGRICULTURE AND CONSUMER SERVICES WITHIN THE STATE BY CALLING 1 (800) 435-7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. REGISTRATION # CH30937

# SHEPHERD'S CENTER – FALL CLASSES 2023

Mondays – October 2—November 27, 2023 — ***Closed 10/16***

Orange Park United Methodist Church Family Life Center at 2042 Reed St & Stowe Ave

Room	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
<b>6203</b>	<b>Elder Law</b> Mike Jorgensen Senior Counsel Also via Zoom	<b>Roots of Rock &amp; Roll – '68-'69</b> Dave Neal	<b>Current Events</b> Dr. Douglas Greenberg Ken Johansen & Susan Howard	<b>Acrylic Painting*</b> Susan Nevinger BYO supplies, Limit 10, 2 hours
<b>6204</b>	<b>Bingo for Prizes!</b> Maureen Preta	<b>Jewelry Instruction*</b> Nancy Keown Limit 13, Fee \$40 Reg by 9/21/23	<b>Jewelry Workshop</b> Continued from 10am Nancy Keown	<b>Water Colors/Acrylic, *</b> Susan Mills Limit: 10/2hrs
<b>6205</b>	<b>Book Club</b> Marty Mayer	<b>Christmas Ornaments*</b> Kris Lesaks \$1 per ornament		<b>Mahjong</b> On the Balcony Linda Henning Alice Gentile
<b>6206</b>	<b>iPhone/iPad</b> Brittney Shay Alpine Special Care	<b>Art Appreciation</b> Susan Nevinger	<b>Freaky Florida</b> Esther Lee	<b>Greeting Cards</b> Cathy James Akin Limit 12 Fee \$15
<b>6207</b>	<b>Improv Comedy*</b> Ann Doherty-Hardbattle Limit 10	<b>Expand Your Mental Health Toolbox</b> Dennis Dormady	<b>Around the World with Bob and Rachel</b> Bob and Rachel Sroka	<b>Chair Yoga</b> Connie Eden
<b>GYM</b>	<b>Walking to the River</b> Depending on weather George Tower	<b>Movement/Exercise</b> LouAnn Simpson <b>Pennies from Heaven</b> Game 1	<b>Line Dancing</b> Hal Hill & LouAnn Simpson <b>Pennies from Heaven</b> Game 2	<b>Ukulele*</b> Deb Felts

## \* Classes require pre-registration

Anyone interested in a pre-registration class (marked by an asterisk “\*”) should sign up prior to, 9/21/2023. Payment is not due with pre-registration. If the number of registrants exceed the number of spots, there will be a lottery for the class. Lottery drawing will be on 9/25/2023 with notification via email; make sure you have your email address on file with us!

## Bridge

**Orange Park Presbyterian Church, Tuesday 1:00 – 3:00 P.M. - Reservations required.**  
Call Scotty Hood at 269-7226

## Thank You to Orange Park Methodist Church

Shepherd's Center of Orange Park (SCOOP) would like to thank Orange Park Methodist Church for their many years of partnership with our organization. SCOOP exists and continues to grow because of their generosity. Orange Park Methodist Church provides the Family Life Center for the "Adventures in Learning" Program, saving SCOOP tens of thousands of dollars. We very much appreciate their commitment to our program, senior adults and this community!

**SHEPHERD'S CENTER –FALL CLASSES**  
**Thursday – October 5 –November 30, 2023 Closed 11/25**  
**CrossRoad Lutheran Church, 5101 Lakeshore Dr. West, Fleming Island**  
**(Corner Lakeshore Dr. West and 220)**

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.
<b>Entry Room</b>	<b>Beginning Tai Chi Gung</b> Carol Newbern	<b>Yoga</b> Cindy Smith	<b>Movement and Exercise</b> Michael Saffy Silverlink Consulting
<b>207</b>	<b>Beginning Chess—2 hour class *</b> Tony Sutton	<b>Beginning Chess—con't Intermediate Chess 2 hrs*</b> Tony Sutton	<b>Intermediate Chess—</b> continued Tony Sutton
<b>208 A</b>	<b>Watercolors Instruction*</b> Carron Wedland Limit 10	<b>Watercolors Inst. Con't.*</b> Carron Wedland	<b>Watercolors Paint on Your Own*</b>
<b>208 B</b>		<b>Zentangles Workshop*</b> Sharon Fellows & Chris Bass Bring your own supplies Limit 10	<b>Zentangles Workshop—con't</b> Sharon Fellows and Chris Bass
<b>209</b>		<b>Getting to Know Yourself through Writing</b> Marty Mayer	<b>Family History/Genealogy</b> Stanley Carroll
<b>202</b>	A minimum of 4 players registered required for Pennies.	<b><u>Pennies from Heaven*</u></b> <b><u>Game 1</u></b> Sandy Mills	<b><u>Pennies from Heaven*</u></b> <b><u>Game 2</u></b> Sandy Mills
<b>203</b>		<b>Bridge Instruction *</b> 2 hour class Evie Edsell	<b>Bridge Instruction *</b> continued

**\*'d classes require pre-registration; class seats will be filled by lottery if enrollment exceeds class size limits. Register by Sept. 21. You will be notified on Sept 25 via email if you have seat in the class**

**Luncheon Program, Mondays at our Orange Park Location**

Lunch begins at 12 p.m. in the gym. Make reservations on registration form or call the office. Lunches include an entrée, side, salad, roll, dessert, iced tea, and coffee.

**Lunch \$7.00 — Reservations required. *The lunch menu may be subject to change!***

If you prefer, you are welcome to bring your own lunch.

<b>Oct 2</b>	<b>SCOOP's 30 Year Anniversary Party</b>	<b>Beef Stir Fry</b>
<b>Oct 9</b>	<b>Bill Green, Green Insurance—Why it's Important to Shop your Medicare Plan.</b>	<b>Pulled Pork</b>
<b>Oct 23</b>	<b>Recycles Band</b>	<b>Chicken Parmesean</b>
<b>Oct 30</b>	<b>Costume Contest</b>	<b>Meat Loaf with Gravy</b>
<b>Nov 6</b>	<b>Lynn Shad, CFP, Shad Financial at Morgan Stanley– Your Social Investments</b>	<b>Hawaiian Pok</b>
<b>Nov 13</b>	<b>HCA Orange Park—Stroke and Sepsis Education</b>	<b>Chicken Marsala</b>
<b>Nov 20</b>	<b>Holiday Concert by Craig Seaton</b>	<b>Thanksgiving Feast</b>
<b>Nov 27</b>	<b>Teacher Appreciation</b>	<b>Mongolian Beef</b>

**To register for the Fall 2023 Session by mail, please send this page in with your class selections. Check the appropriate registration fee and include your check.**

Monday, Tuesday, Wednesday \$40.00 \_\_\_\_\_  
 Tuesday, Wednesday, Thursday \$30.00 \_\_\_\_\_  
 All Classes, \$10 discount \$60.00 \_\_\_\_\_  
 One Time New Member Fee \$25.00 \_\_\_\_\_  
 Donation (e.g. \$12.50 per quarter= \$50.00 annually for Golden Years Gala Ticket \$ \_\_\_\_\_  
**Lunch for entire session** \$56.00 \_\_\_\_\_

**Please make your check payable to:**

**The Shepherd's Center  
 2105 Park Avenue, Suite 30  
 Orange Park, FL 32073**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Any changes above? Circle Yes or No

May we e-mail your SCOOP Newsletter? \_\_\_\_\_

Sign up for Monday October 2 lunch: \_\_\_\_\_

### **Class Fees/Per Session**

**Monday, Tuesday, & Wednesday- \$40;  
 Tuesday, Wednesday, & Thursday - \$30,  
 All Days - \$60 (\$10 discount)**

**One-Time New Member Fee: \$25  
 Lunch \$7, reservation required**

As a courtesy to our instructors, **PLEASE PRE-REGISTER FOR YOUR CLASSES!** You may wait to pay for the class on the first day of classes; our teachers need to know how many will be in their class.

Please consider getting the Covid vaccination, do not attend classes if you are ill, and frequently wash your hands. We want to make sure everyone has a safe learning experience.

We can't wait to see you!

Katy Kearson and The Board of Directors

### **Indicate your choice of Classes**

#### **Monday 9:00 A.M.**

\_\_\_\_\_ Bingo  
 \_\_\_\_\_ Book Club  
 \_\_\_\_\_ Elder Law  
 \_\_\_\_\_ Elder Law **Zoom**  
 \_\_\_\_\_ Improv Comedy\*  
 \_\_\_\_\_ iPhone/Ipad  
 \_\_\_\_\_ Walking—River

#### **10:00 A.M.**

\_\_\_\_\_ Art Appreciation  
 \_\_\_\_\_ Art App. Via **Zoom**  
 \_\_\_\_\_ Christmas Orn.\*  
 \_\_\_\_\_ Jewelry Making\*  
 \_\_\_\_\_ Mental Health Tools  
 \_\_\_\_\_ Movement & Ex  
 \_\_\_\_\_ Pennies Game 1  
 \_\_\_\_\_ Rock n Roll

#### **11:00 A.M.**

\_\_\_\_\_ Around the World  
 \_\_\_\_\_ Current Events  
 \_\_\_\_\_ Freaky Florida  
 \_\_\_\_\_ Line Dancing  
 \_\_\_\_\_ Pennies Game 2

#### **1:15 P.M.**

\_\_\_\_\_ Acrylics\*  
 \_\_\_\_\_ Chair Yoga  
 \_\_\_\_\_ Greeting Cards\*  
 \_\_\_\_\_ MahJong  
 \_\_\_\_\_ Ukulele  
 \_\_\_\_\_ Watercolors \*

#### **Tues. via Zoom 11am**

\_\_\_\_\_ Down the Rabbit  
 \_\_\_\_\_ Hole

#### **Tuesday 1 P.M.**

\_\_\_\_\_ Bridge Playing

#### **Wed. via Zoom**

#### **9 A.M.**

\_\_\_\_\_ Chair Exercise

#### **Thursday 9:00 A.M.**

\_\_\_\_\_ Beg Chess 2hrs  
 \_\_\_\_\_ Tai Chi Gung  
 \_\_\_\_\_ Watercolors\* 3 hrs  
**10:00 A.M.**  
 \_\_\_\_\_ Bridge Inst. 2hrs  
 \_\_\_\_\_ Int. Chess\* 2hrs  
 \_\_\_\_\_ Pennies Game 1  
 \_\_\_\_\_ Writing  
 \_\_\_\_\_ Yoga

\_\_\_\_\_ Zentangle Wksp

#### **11:00 A.M.**

\_\_\_\_\_ Family History  
 \_\_\_\_\_ Movement & Ex  
 \_\_\_\_\_ Pennies Game 2

#### **FUN COMMITTEE**

\_\_\_\_\_ USS Orleck  
 \_\_\_\_\_ Camp Blanding  
 \_\_\_\_\_ Dinner Theater  
 BBQ Lunch 10/26  
 \_\_\_\_\_ Turkey BBQ \$10  
 \_\_\_\_\_ Pork BBQ \$10

**Individual Contributors**  
**(June 1—August 22, 2023)**

**Diamond (\$500 +)**

Mike Jorgensen  
Rotary Club of Green  
Cove Springs

**Ruby (\$100 +)**

Dave Fieber  
Fran Isert

**Sapphire (\$50 +)**

Christy Fitzgerald  
Scotty Hood  
Donna Ponder  
Chuck Smithers  
George and  
Suzanne Tower

**UPCOMING "FUN COMMITTEE"  
EVENTS**

**Oct. 16, , lunch and visit Camp  
Blanding Military Museum, noon,**  
drive yourself

**Nov. 8 Tour of the USS Orleck, \$50,**  
includes transportation, time to be de-  
termined

**Dec 8, Irving Berlin's Holiday Inn at**  
the Spotlight Center Dinner Theater,  
tickets are limited, \$59.

**Mark the registration page to sign  
up for events! Pg 5 Visit our website  
for more details!**

**2023 Gala Sponsors**

**Platinum Sponsor**



**Gold Sponsors**



**Morgan Stanley**

THE SHAD FINANCIAL GROUP  
AT MORGAN STANLEY



**Shepherd's Center Board of Directors**

**2023 Officers:**

Katy Kearson, Chairman  
Ruth Johansen, Vice Chairman  
Chris Bass, Secretary  
Chuck Smithers, Treasurer

Advisory Trustees: Christy Fitzgerald, Executive Director  
Robyn Voigt, Orange Park Methodist Church

**2023 Trustees:**

Andrea Crowder      Ron Gebhard  
Scotty Hood          Carol Klein  
Esther Lee            Charlie Lusk  
Suzanne Tower

**On October 30, come dressed in your  
best Costume for the lunchtime Hal-  
loween Costume Contest.**

Prizes will be awarded in the following  
categories:

Best Overall Costume  
Most Creative Costume  
Best Group Costume  
Funniest Costume



**Thursday, Oct. 26 join us for a BBQ  
Lunch.**

Lunch will be available as we support the  
Clay County Senior Adult Advocacy  
Council's annual fundraiser.

Please select pork or turkey.

You are welcome to stay and eat lunch at  
Crossroads Lutheran or order a lunch to  
go to be picked up at Crossroads Luther-  
an.

Check your flavor and include \$10 per  
lunch ordered on page 5.



## A BIG THANK YOU to the businesses that financially support the Shepherd's Center of Orange Park!



1586 Branan Field Rd,  
Middleburg, FL 32068

**Scheduling 904-406-6303**

Monday-Friday 7:30am-7:30pm Saturday 9:00am-5:00pm

Primary Care - Labs & X-rays - Dental - Behavioral Health-  
Hearing



**Lori  
Whitman**  
Owner

P 904.344.8826 • C 770.540.7446

E lori@seniorcarenortheastfl.com

**www.seniorcarenortheastfl.com**  
8006 Green Glade Rd. • Jacksonville, FL 32256



**Michael B. Knapp, HAS, ACA, BC-HIS**  
Hearing Aid Specialist  
Audioprosthologist  
Board Certified in Hearing Instrument Sciences  
President & CEO

**Orange Park Clinic**  
1494 Park Avenue  
Orange Park, FL 32073

Office: (904) 644-8779  
Fax: (904) 644-8737  
Cell: (727) 255-4858  
Michael.Knapp@NewWayHearingAids.com

**www.NewWayHearingAids.com**



**SENIOR COUNSEL**  
ATTORNEYS AT LAW

**Mike Jorgensen, JD, LL.M**

Office 904.619.8890 Cell 904.994.7231

[mjorgensen@seniorcounselaw.com](mailto:mjorgensen@seniorcounselaw.com)

[www.seniorcounselaw.com](http://www.seniorcounselaw.com)

**WE MAKE INSURANCE SIMPLE**  
Contact us today. 904-717-1176

**Questions about your Medicare plan or Rx costs?**  
We can make the process simple.

**Need a strategy to pay for Long Term Care?**  
Let us help you find the right strategy.

GreenIns.com • info@GreenIns.com • 1950 Miller St., Suite 6, Orange Park, FL 32073

Not affiliated with or endorsed by the government or Federal Medicare Programs.  
\* By providing the information above, I grant permission for licensed insurance agent, Green Insurance Agency, to call me regarding my Medicare/Insurance options including Medicare Supplement, Medicare Advantage, and Prescription Drug Plans.

### Morgan Stanley

The Shad Financial Group at Morgan Stanley

Lynn Shad, CFP®

Senior Vice President

Wealth Advisor

NMLS# 1418867

Art Shad, CFP®

Senior Vice President

Wealth Advisor

NMLS #1413953

50 N. Laura Street | Suite 2000 | Jacksonville, FL 32202

904-632-0211 • 866-673-9600

[advisor.morganstanley.com/shadfinancial](http://advisor.morganstanley.com/shadfinancial)

CFP Board owns the mark CFP® in the U.S.

© 2023 Morgan Stanley Smith Barney LLC. Member SIPC.

BC006 CRC 5358962 12/22

# NEW NAME. SAME FAMILY.

Learn more at [HCAFloridaHealthcare.com](http://HCAFloridaHealthcare.com)



IS NOW



### About SCOOP

Adventures In Learning Classes are taught on various subjects by knowledgeable volunteer instructors. There are four, eight-week sessions per year. Lunch is also available along with an entertaining and informative lunch program.

A nonprofit community service organization for adults 55+ in NE FL.

**SHEPHERD'S CENTER OF ORANGE PARK, INC.**

2105 Park Avenue, Suite 30 – Orange Park, FL 32073  
(904) 269-5315

**NON-PROFIT ORG.  
US POSTAGE PAID  
JACKSONVILLE, FL  
PERMIT 584**

**A VERY BIG THANK YOU TO OUR PLATINUM SPONSORS!!**



**COASTAL**  
SPECIALISTS

**KYLE WILLIAMSON**  
Physician Development

2700 Riverside Ave. • Suite 3 • Jacksonville, FL 32205  
phone: 904.304.7034  
email: [kwilliamson@pcpfinancial.com](mailto:kwilliamson@pcpfinancial.com)  
[www.coastalspecialists.com](http://www.coastalspecialists.com)



**Palagio**  
Senior Living

Live the  
Good Life.®



**Amber Luke**  
Marketing Director

1525 Kingsley Ave  
Orange Park, FL 32073  
Main: (904) 639-4700  
Cell: (904) 955-9488  
Fax: (904) 644-8568



[Palagioseniorliving.com](http://Palagioseniorliving.com)

**SilverLink Consulting**  
Senior Advisors

**Michael Saffy**

---

Owner

[Michael@SilverLinkConsulting.com](mailto:Michael@SilverLinkConsulting.com)  
[www.SilverLinkConsulting.com](http://www.SilverLinkConsulting.com)

C: 904.629.7805



**Community**  
Hospice & Palliative Care™

**Your Compassionate Guide**

Community focused & supported  
Serving Clay County with Compassion Since 1979

**904.268.5200 • [CommunityHospice.com](http://CommunityHospice.com)**