

Our Mission is to inspire dynamic living among older adults through volunteerism, education, and community connection.

NEW and RETURNING CLASSES

See registration form on page 5.

AARP Driver Safety*—Holly Walker—Learn how to stay safe on the road and possibly get a discount on your car insurance. Completion certificate is an additional \$25 paid directly to AARP.

Acrylics*—Susan Nevinger—Bring your own supplies. **Pre-register by 1/5.**

Adults at Play—Ann Doherty-Hardbatt—Come play with us as we tap into your creativity through improv games and activities designed to stimulate right-brain thinking. Minimum 4, Limit 10 **Pre-registration required by 1/5.**

Age in Place—Matt Hardy and Matt Tonsich—Everything you need to know to prepare yourself and your home so that you can stay home in your golden years.

Aging Mindfully—Sharon Fellows—Stress reduction techniques, movement, nutrition, and other practical tips for a healthy body and mind. For all fitness levels.

Android Phone—Elizabeth Reed—The basics of how to use your Android phone. Learn tips and tricks. Bring your questions and get answers!

Art Appreciation—Susan Nevinger—American Impressionism and other art movements.

Art Studio*—Kris Lesak—Any media—watercolors, pencils, acrylics, etc. Individual instruction and critique. Beginners welcome.

Basic Drawing*—Pauline Dickson—Bring your own supplies and build drawing skills. Reg by 1/5.

Beginner Chess—Tony Sutton—min of 8 students. Master the basics!

Bingo for Prizes—caller TBA—Play BINGO with this lively group. Prizes for every game.

Book Club—Marty Mayer—bring the book you're currently reading to discuss with the class.

Chair Yoga—Connie Eden on Mondays, Robin Fabianek on Thursdays—Strength, flexibility, breathing, and balance through gentle yoga exercises for all levels.

Crochet—Katie Tibbets—Bring a current project or learn how to crochet.

Elder Law—Mike Jorgensen—Senior Counsel—Learn about legal issues facing seniors, such as wills, trusts, contracts, and scams/fraud.

English Country Dancing—Veronica Lane—Dance in the Regency style of Jane Austen. No Partner needed.

Flower Arranging—Ruth Johansen—Learn creative ways to arrange fresh flowers. You provide the flowers and greenery. \$10 supply fee due to Ruth for containers, etc.

Getting to Know Yourself through Words—Marty Mayer—discuss quotes and other inspiration with the class. Good discussion. No writing skills needed.

Greeting Cards*—Pat Fiedler, Katie Tibbets, and Chris Bass—Create beautiful cards by hand. \$15 supply fee. Reg by 1/5.

Inspirational Discussion—Kris Lesak—Short inspirational readings with questions to prompt discussion.

Knit and Chat—Billie Flahive—Bring a project you're working on or learn to knit.

Mah Jongg—Linda Henning on Mondays, Mary Matheson on Thursdays—Tile-based game of skill and chance. Complete specific combinations before your opponents.

Money Mastery After Retirement—Ella Dinkins UF/IFAS Extension—Reduce stress over your finances through goal-setting, planning, money management, and protecting your assets.

Movement & Exercise—LouAnn Simpson on Mondays, Michael Saffy on Thursdays—Light weights and gentle exercises, set to music. Have fun while staying fit!

Navigating the World of Elder Care—Kate Riggs—Overview of all the services that are available to seniors and their caregivers, and for those with the same issues.

Pennies from Heaven—Robin Fabianek—Play this variation of Canasta. Beginners welcome!

Right-Sizing Your Home—Carrie Fricke—Lighten the load and create calm, comfort, and confidence in your space. Practical ways to transition to a smaller space and manage your home.

Rock n Roll—Dave Neal—Join Dave as he leads you down memory lane with music, trivia, and anecdotes from the '40s and '50s.

Ukulele, Beginning—Deb Felts—Learn chords and a few songs. You will need a ukulele and [The Daily Ukulele: 365 Songs for Better Living](#) (Jumpin' Jim's Ukulele Songbook)

Write Your Life Story—Francine Juhlin—Everyone has a story! Uncover memories, organize your thoughts, and begin writing the story of your life to pass on to future generations. for yourself or the next generation.

SHEPHERD'S CENTER – WINTER CLASSES 2026

Mondays – January 12—March 9 —No class 1/19 or 2/16

Orange Park Methodist Church Family Life Center at 2042 Reed St & Stowe Ave

Room	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
6203	Elder Law Mike Jorgensen Senior Counsel	Pop and Rock – 1940s and 50s Dave Neal	Navigating the World of Elder Care Kate Riggs	Acrylics* Susan Nevinger Reg by 1/5
6204	BINGO for Prizes TBA	Flower Arranging* Ruth Johansen \$10 supply fee	Aging Mindfully Sharon Fellows	Age in Place Matt Hardy Matt Tonsich
6205	AARP Driver Safety Course Holly Walker	Knit and Chat Billie Flahive	Adults at Play Ann Doherty- Harbottle Reg by 1/5	Chair Yoga Connie Eden
6206	Money Mastery After Retirement Ella Dinkins UF/IFAS Extension	Art Appreciation Susan Nevinger	Inspirational Discussions Kris Lesak	Greeting Cards* Pat Fiedler, Katie Tibbets & Chris Bass Limit 10 \$15 supply fee Reg by 1/5
6207	Write Your Life Story Francine Juhlin	Ukulele Deb Felts	Book Club Marty Mayer	Chair Yoga Connie Eden
GYM	Walking George Tower —— Beginning Tai Chi Virgil Siu	Movement/Exercise LouAnn Simpson	Line Dancing Hal Hill & LouAnn Simpson	English Country Dancing Veronica Lane
BALCONY		Pennies from Heaven Game 1 Robin Fabianek	Pennies from Heaven Game 2 Robin Fabianek	Mahjong Linda Henning Alice Gentile

* Classes require pre-registration

Interested in a pre-registration class (marked by an asterisk “*”) ? Please sign up prior to 1/5/2026. Payment is not due with pre-registration. If the number of registrants exceed the number of spots, there will be a lottery for the class. Lottery drawing will be on 1/5/2026 with notification via email.

Bridge

Orange Park Presbyterian Church, Tuesday 1:00 – 3:00 P.M. - Reservations required.

Call Claire Wimmer at 404-358-2015

SHEPHERD'S CENTER –WINTER CLASSES 2026

Thursdays – January 8—February 26

Crossroad Lutheran Church, 5101 Lakeshore Dr. West, Fleming Island

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.
Entry Room	Beginning Tai Chi Gung Carol Newbern	Movement and Exercise Michael Saffy	Chair Yoga Robin Fabianek
207		Right-Sizing Your Home Carrie Fricke	How to Use Your Android Phone Elizabeth Reed
208 A		Art Studio* Kris Lesak Limit 10 reg by 1/5	Art Studio* continued Kris Lesak
208 B	Crochet Katie Tibbits	Basic Drawing* Pauline Dickson Reg by 1/5	Basic Drawing* continued Pauline Dickson
209			Getting to Know Yourself through Words Marty Mayer
202		Pennies from Heaven* Game 1 Robin Fabianek	Pennies from Heaven* Game 2 Robin Fabianek
203		Beginner Chess* Kris Lesak Minimum 8, reg by 1/5	Beginner Chess* continued Kris Lesak
204		Mah Jongg Mary Matheson	Mah Jongg Mary Matheson

Lunch & Learn Program, Mondays at our Orange Park Location

Lunch begins at 12 p.m. in the gym. Make reservations on registration form or call the office.

Lunches include an entrée, side, salad, roll, dessert, iced tea, and coffee.

Lunch \$8.00 — Reservations required. *The lunch menu may be subject to change*

If you prefer, you are welcome to bring your own lunch.

Jan 12	"Up for the Challenge" - Katie Vineyard, CEO, Challenge Enterprises	Hawaiian Pork Tenderloin
Jan 26	"Identity Theft and Scams" - Ted Doss, Vystar Credit Union	Meatloaf with Gravy
Feb 2	"Volunteering to Boost Your Vitality: The Link Between Giving Back and Living Long" - Kathleen Spears, Waste Not Florida	Pulled Pork
Feb 9	"Mobility Matters: Tools for Keeping Your Independence" - Nate Polete, Mobility City	BBQ Chicken
Feb 23	"How to Choose the Right Vitamins and Supplements" - Dr James Porcelli, MD, ArchWell Health	Seasoned Boneless Pork
Mar 2	"Conservation and Renewable Energy" - JEA	Chicken Parmesan
Mar 9	Teacher Appreciation Day	Salisbury Steak with Gravy

A very special thank you to Trish Diggins for her time and talents in maintaining the SCOOP website, www.tscoop.com

Sunshine Committee Report:

Thank you, Barbara Elliott for sending cards out to our members!

Sympathy: Fran Isert for her husband Eugene

Get Well: Cathy Akin James, Radi Klaneckey, Barbara Evans

Contact the office at 269-5315 if you know of someone who needs prayer, is ill or is grieving; let us know and a card will be sent.

UPCOMING "FUN SQUAD" EVENTS

12/10-2pm—Holiday Party—150 Fox Valley Drive, Orange Park \$10

1/21—12 noon—Lunch at La Nopalera on Kingsley Avenue pay your own way

2/20—10:15 am—Coffee Concert at Jacksonville Symphony \$35

includes concert ticket and transportation from Orange Park to downtown Jax. A tribute to the music of Rodgers, Hart, and Hammerstein, featuring selections from musicals like *The Sound of Music* and *Carousel*, and songs such as "My Funny Valentine," "Bewitched," "Some Enchanted Evening," and "You'll Never Walk Alone".

Reservations are required for all events—payment due upon registration

Shepherd's Center Board of Directors

2026 Officers:	2026 Trustees:	Advisory Trustees
Mary Matheson, Chairman	Jennie Bailey	Robin Fabiankek
Ron Gebhard, Vice-Chairman	Andrea Crowder	Ruth Johansen
Kate Riggs, Secretary	Charlene Crawford	Kristin Moore
Chuck Smithers, Treasurer	Barbara Elliott	Francie Paspalaris
		Elizabeth Reed, Executive Director
		Robyn Voigt, Orange Park Methodist Church

WELCOME TO OUR NEW MEMBERS!

Louise Baron	Sandy Davis	Janet Peterson	Judith Rudine
Debbie Benoit	Marica DeVore	Brian Peterson	Maria Sabangan
Linda Blackburn	Gail Dockery	Arthur Pickle	Susan Takara
Jim Carrell	Linda Fleming	Teresa Pickle	Rhonda Thomas
Alexis Carter	Gerry Heatherington	Rebecca Posing	Beverly Valliere
Rita Dauphinee	Fran Heatherington	Sandy Power	Lori Witte
Kathleen Dautel	Jim Mayes	Ruben Rios	
Rebecca Davis	Ronald North	Desley Rock	
	Teresa Papp		

About SCOOP

The Shepherd's Center of Orange Park was founded on the ideal of bringing together individuals from all walks of life to celebrate the joys of aging. This commitment fosters a culture where meaningful connections to each other, to our communities, and to the world may occur. All are welcome!

Adventures In Learning Classes are taught on various subjects by knowledgeable volunteer instructors. There are four, 8-week sessions per year. Lunch is also available along with an entertaining and informative Lunch & Learn program on Mondays.

To register for the Winter 2026 Session by mail, please send this page in with your class selections and include your check.

Monday Pass only	\$40.00 _____
Thursday Pass only	\$30.00 _____
Tuesday (Bridge) only	\$30.00 _____
Monday and Thursday Pass	\$60.00 _____
One time New Member fee	\$25.00 _____
Donation—thank you!	\$ _____
Lunch for entire session	\$56.00 _____
FUN SQUAD events	\$ _____
Total	\$ _____

Please make your check payable to:

The Shepherd's Center
2105 Park Avenue, Suite 30,
Orange Park, FL 32073

Name: _____

Address: _____

City: _____ **State** _____ **Zip** _____

Email: _____

Cell Phone: _____

Any changes above? Circle Yes or No

May we e-mail your SCOOP Newsletter? _____

Register for Monday January 12 lunch: _____

Office use only

Amount paid \$ _____
Method: Check # _____ Cash CC (circle one)
Date _____
Entered in New Org _____ (date and initials)
Entered on Card _____ (date and initials)

Class Fees/Per Session

Monday \$40

Tuesday (Bridge) \$30

Thursday \$30

All Days - \$60 (\$10 discount)

One-Time New Member Fee: \$25

NEW PRICE: Lunch \$8, reservation required

As a courtesy to our instructors, **PLEASE PRE-REGISTER FOR YOUR CLASSES!** You may pay at the door on the first day of classes. Our teachers need to know how many will be in their class. We can't wait to see you!



Indicate your choice of classes with a ✓ Mark

Monday 9:00 A.M.

___ Elder Law
___ Elder Law via Zoom
___ BINGO for Prizes
___ AARP Driver Safety
___ Money Mastery
___ Write Your Life Story
___ Walking
___ Beginner Tai Chi

Monday 10:00 A.M.

___ Pop/Rock
___ Flower Arranging \$10
___ Knit and Chat
___ Art Appreciation
___ Ukelele*

___ Movement & Exercise
___ Pennies Game 1

Monday 11:00 A.M.

___ Navigating Eldercare
___ Aging Mindfully
___ Adults at Play
___ Inspirational Discussions
___ Book Club
___ Line Dancing
___ Pennies Game 2

Monday 1:15 P.M.

___ Acrylics*
___ Age in Place
___ How to Use iPhone
___ Greeting Cards*
___ Chair Yoga
___ English Country Dancing
___ MahJong*

Tuesday 1:00 P.M.

___ Bridge Playing

Thursday 9:00 A.M.

___ Tai Chi Gung
___ Crochet

Thursday 10:00 A.M.

___ Movement & Exercise
___ Right-Sizing Your Home
___ Art Studio* 2 hrs
___ Basic Drawing* 2 hrs
___ Pennies Game 1
___ Beginner Chess* 2 hrs
___ Mah Jongg

Thursday 11:00 A.M.

___ Chair Yoga
___ How to Use Your Android phone
___ Getting to Know Yourself / Words
___ Pennies Game 2

FUN SQUAD Events

Payment due upon registration

___ 12/10 Holiday Party \$10
___ 1/21 Lunch at La Nopalera -pay your own way
___ 2/20 Rogers & Hammerstein Concert @ Symphony w/ party bus \$35

Volunteer Opportunities

Request more info
___ P.E.T. Shop at Penney
Retirement Community
___ Clay County Schools

Individual Contributors

August 20-November 14, 2025

**Thank you so much
for your support!**

Diamond (\$500 +)

Joseph and Victoria Lauricella

Emerald (\$250 +)

Martha Bruner

Ruby (\$100 +)

Andrea Hernandez
Katie Tibbits

Sapphire (\$50 +)

Barbara Elliott
Patricia Fiedler

Volunteer Opportunities!

Sign up on the Registration Page to get more information about these opportunities

Mobility Worldwide— Calling all those who like construction and painting—Join us in helping fabricate Personal Energy Transports! A P.E.T. is a hand-powered, tricycle-like cart vehicle that gives mobility to a person who has lost the use of their legs. Volunteers make these vehicles and send them around the world. Wednesdays @ 10AM.

Clay County Schools— Connect with the kids of our county. Volunteers assist elementary school teachers by doing fun tasks like reading aloud to kids or preparing craft activities. Days are flexible.

New! Transportation Program for Members

We're so excited to announce that we now offer transportation to and from our Adventures in Learning classes!

We did a soft launch of the Transportation Program this Fall. The members who used it were thrilled to have a ride so that they didn't miss any of the action at SCOOP.

This offer is for members of the Shepherd's Center of Orange Park who don't drive. We will send an Uber to pick you up and bring you to either SCOOP location, and then return you home after your classes. We ask that you make a donation of \$2 per one-way trip to defray part of the Uber expense.

To enroll in the Transportation Program, call the office at 904-269-5315, or send an email to info@tscoop.org.

You can make a difference at SCOOP!
Thank you for considering a gift of support!

Go to www.tscoop.org under Donate or mail to:

The Shepherd's Center of Orange Park, 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Individual contributions are a significant source of our support, as we are funded entirely by the private sector. Gifts are tax-deductible and will be acknowledged by letter. Please complete the appropriate parts of this form and send it along with your contribution to the above address.

My contribution is in the amount of \$_____.

Your Name _____

Address _____

City _____ State _____ Zip Code _____

Gifts to the Shepherd's Center to memorialize loved ones, or to honor friends or relatives, are effective ways to recognize them and perpetuate their memories. Appropriate letters of acknowledgement will be sent to you, and the person named below will be notified of this contribution.

Name _____

Address _____

City _____ State _____ Zip Code _____

In Memory of: _____ In Honor of: _____

FLORIDA LAW. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE FLORIDA DEPARTMENT OF AGRICULTURE AND CONSUMER SERVICES WITHIN THE STATE BY CALLING 1 (800) 435-7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. REGISTRATION # CH30937

A BIG THANK YOU to the businesses who financially support the Shepherd's Center of Orange Park!



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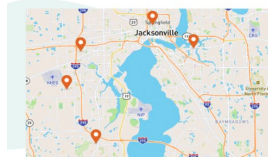
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With Gratitude to Orange Park Methodist Church
Shepherd's Center of Orange Park (SCOOP) would like to thank Orange Park Methodist Church for their many years of partnership with our organization. SCOOP exists and continues to grow because of their generosity. Orange Park Methodist Church provides the Family Life Center for the "Adventures in Learning" Program, saving SCOOP tens of thousands of dollars. We appreciate their commitment to our program, senior adults and this community!



A nonprofit community service organization for adults 55+ in NE Florida
2105 Park Avenue, Suite 30 – Orange Park, FL 32073

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