Volume 34 Number 1

NEWSLETTER Winter Session 2027

Our Mission is to inspire dynamic living among older adults through volunteerism, education, and community connection.

NEW and RETURNING CLASSES - see registration form p. 5 or register on line at www.tscoop.org/activities

Acrylic Painting - Susan Nevinger - Bring your own supplies.

Art Studio - Kris Lesak - Any media: watercolors, pencils, acrylics, etc. Individual instruction and critique. Beginners Welcome

Art Appreciation - Susan Nevinger - Learn about American Art, from Ashcan School to Abstract Expressionism to Pop.

Basic Drawing—Pauline Dickson- Bring your own supplies and build drawing skills.

BINGO for Prizes - Lee Purcell - Play BINGO with this lively group. Prizes for every game.

Book Club - Marty Mayer - Bring the book you're currently reading to discuss with the class.

Chair Yoga - Connie Eden Mondays, Robin Fabianek on Thursdays - Strength, flexibility, breathing, and balance through gentle yoga exercises for all levels.

Communication 101 and Beyond - Ann Doherty-Hardbattle– Listening and responding games and exercises for healthy, positive communication. Min 5, Max 10

Cooler Days, Garden Ways - Marilyn Young, UF/IFAS Clay County Extension - Seed Starting, Tree Selections and Planting, Pruning Tips, Crafts for Winter Wildlife, Planning and design of plant beds, Indoor Plants that Live, and more!

Elder Law - Mike Jorgensen, Senior Counsel - Learn about legal topics that affect seniors. In person or Zoom.

English Country Dancing - Veronica Lane - Dance in the Regency style of Jane Austen. Wear comfortable clothes and shoes. No partner needed. Come for the first hour if that's all that fits your schedule.

Greeting Cards - Katie Tibbits and Chris Bass— Create beautiful cards by hand. $15 supply fee due to teachers.

Jewelry Making - Nancy Keown -2 hour class, class limit 13, $45 supply fee paid to Nancy. Notify teacher at nancy.keown@yahoo.com by 12/28 to secure your spot. First come, first served.

Knit and Chat - Billie Flahive - Bring a project you're working on or learn to knit.

Living a Positive Life - Kris Lesak - Focus on ways to bring positivity to your days. Lively discussion.

Mah Jongg - Mary Matheson on Monday, Kathy Ricks on Thursday - Tile-based game of skill and chance. Complete specific combinations before your opponents. Beginners welcome!

Movement and Exercise - Christina Lingerfelt on Mondays, Mailee Patrick on Thursdays - Light weights and gentle exercises set to music. Have fun while staying fit!

Money Mastery After Retirement - Ella Dinkins, UF/IFAS Clay County Extension - Reduce stress over your finances by learning strategies for effective goal setting, creating a spending plan, managing credit and debt, and protecting your assets.

Orange Park History - Orange Park Historical Society - Learn the history of Orange Park with local experts.

Right-Sizing Your Home - Carrie Fricke– Lighten the load and create calm, comfort, and confidence in your space. Practical ways to manage your home.

Pop and Rock - Dave Neal - 1960, 1984, and music at sporting events. Join Dave as he leads you down memory lane with music, trivia, and anecdotes.

Sharp as a Tack – Joanne Dufton - Practical lifestyle habits that will help you keep your brain healthy for life.

Beginning Tai Chi and Tai Chi Gung – Virgil Siu on Mondays, Carol Newbern on Thursdays—Flowing movement, breath awareness, and meditation to enhance and promote harmony in mind and body.

Ukulele, Beginning - Deb Felts - Learn chords and a few songs. You will need a ukulele and The Daily Ukulele: 365 Songs for Better Living (Jumpin' Jim's Ukulele Songbook).

Write Your Life Story - Francine Juhlin –Everyone has a story! Uncover memories, organize your thoughts, and begin writing the story of your life.

Scan QR Code to register for Winter Session

THE Shepherd's CENTER of Orange Park
FRIENDSHIP, FUN & LEARNING FOR OLDER ADULTS

A Nonprofit Organization Serving Senior Adults Ages 55+ in Northeast Florida

Office: 2105 Park Avenue, Suite30, Orange Park,FL 32073
Phone: (904) 269-5315
Email: info@tscoop.org
Website: www.tscoop.org

SHEPHERD'S CENTER - WINTER CLASSES 2027

Mondays - January 11 - March 8, No class January 18 or February 15

Orange Park Methodist Church Family Life Center at 2042 Reed St & Stowe Ave

Room	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
6203	Elder Law Mike Jorgensen Senior Counsel In person or Zoom	Pop and Rock – 1960 & 1984 Sporting Events Dave Neal	Money Mastery After Retirement Ella Dinkins, UF/IFAS Extension	Acrylic Painting Susan Nevinger
6204	BINGO for Prizes Lee Purcell	Jewelry Making Nancy Keown 2 hr class $45 supply fee/Reg by 12/28	Jewelry Making (continued)	Art Studio Kris Lesak
6205	Cooler Days, Garden Ways Marilyn Young UF/IFAS Ext	Knit and Chat Billie Flahive	Sharp as a Tack Joanne Dufton	Chair Yoga
6206	Orange Park History OP Historical Society	Art Appreciation Susan Nevinger	Communication 101 & Beyond Ann Doherty-Harbattle	Greeting Cards Katie Tibbets & Chris Bass Limit 10 $15 supply fee Reg by 1/4
6207	Write Your Life Story Francine Juhlin	Living a Positive Life Kris Lesak	Book Club Marty Mayer	Chair Yoga Connie Eden
GYM	Beginning Tai Chi Virgil Siu	Movement/Exercise Christina Lingerfelt EmpowerHer Fitness Pennies from Heaven Game 1 Robin Fabianek	Line Dancing Hal Hill & LouAnn Simpson ——- Pennies from Heaven Game 2 Robin Fabianek	English Country Dancing Veronica Lane ——- Mah Jongg Mary Matheson
4225		Ukulele Deb Felts		

Bridge

Orange Park Presbyterian Church, Tuesday 1:00 – 3:00 P.M.- Reservations required.
Call Claire Wimmer at 404-358-2015

SHEPHERD'S CENTER WINTER CLASSES 2027

Thursdays - January 14 - March 4

Crossroad Lutheran Church, 5101 Lakeshore Drive West, Fleming Island

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.
Entry Room	Beginning Tai Chi Gung Carol Newbern	Movement and Exercise Mailee Patrick	Chair Yoga Robin Fabianek
207		Beginner Chess Tony Sutton	Beginner Chess continued
208 A		Art Studio Kris Lesak	Art Studio continued
208 B		Basic Drawing Pauline Dickson	Basic Drawing* continued
209		Right-Sizing Your Home Carrie Fricke	Reflecting on Words Marty Mayer
202		Pennies from Heaven Game 1 Robin Fabianek	Pennies from Heaven Game 2
204		Mah Jongg Kathy Ricks	Mah Jongg

Lunch & Learn Program, Mondays at our Orange Park Location
Lunch begins at 12 p.m.in the gym. Make reservations on registration form or call the office.
Lunches include an entrée, side, salad, roll, dessert, iced tea, and coffee.

Lunch $8.00 per week, or for your convenience, prepay for entire session $56.00
The lunch menu may be subject to change
If you prefer, you are welcome to bring your own lunch.

Jan 11	"Quigley House"	Mike Howe, Quigley House	Hawaiian Pork Tenderloin
Jan 25	"My Modeling and Pageant Journey"	Cadence Dickson, Miss Universal Global N America	Meat Loaf w/Gravy
Feb 1	"Posture, Balance, and Brain Health"	Dr. Jessica Hudson, Anchored Family Chiropractic	Pulled Pork
Feb 8	"Clay Business News"	Jon Cantrell, Clay Chamber	BBQ Chicken
Feb 22	"Ways to Have the Smile You Want and Eat What You Want"	Dr. Michael Spencer, Riverside Dental	Seasoned Pork Bites
Mar 1	"Your Story Matters"	Francine Juhlin, Author	Chicken Parmesan
Mar 8	Teacher Appreciation Week	Michael Saffy, SilverLink Consulting	Pot Roast

A very special thank you to Trish Diggins for her time and talents in maintaining the SCOOP website, www.tscoop.org

Sunshine Committee Report:

Thank you, Barbara Elliott forsending cards out to our members!
Sympathy: The family of Elaine Gracchi, Joe Lauricella on the passing of his brother
Get Well: Nancy Stein, Connie Eden, Mary Matheson, Ron Gebhard, Robin Fabianek, Claire Wimmer

Contact the office at 269-5315 if you know of someone who needs prayer, is ill or is grieving; let us know and a card will be sent.

UPCOMING "FUN SQUAD" EVENTS

12/9 - 2pm -Holiday Party -Food, fun, and friends! Celebrate the holidays together. Fox Valley Event Center, 150 Fox Valley Rd, Orange Park $10

1/20 - Noon - Lunch at Kyodai - Pay your own way - Join a group from SCOOP for lunch at this Japanese hibachi restaurant. 210 Orange Park Northway, Orange Park

2/24 - 10 am - Clark House Tour and Picnic - Enjoy a leisurely tour of the 1912 Clarke House, both up- and downstairs as well as the recently renovated 1925 Clarke Cottage, with Historical Society of Orange Park. Enjoy lunch in this tranquil space. 1039 Kingsley Avenue, Orange Park $15

Welcome New Members!			
Linda Acosta	Pamela Greer	Nathan O'Nora	Steve Tabet
Carolyn Ardella	Yvonne Harper	Sandy Oswald	Lisa Thurman
James Bell	Kay Lynch	Kathy Ricks	Marshall Walker
Chrissy Bodin	Betsy Madden	Lynn Schriver	John Wells
Regina Boniface	Teresa Morton	Karuna Shah	Pat Wright
Emily Carpenter	Naomi Neis	John Shelley	Michael Zelenka
Richard Cross	Toni Nichols	Barbara Shelton	
Joyce Fenstermaker	Rhonda O'Connor	Marvin Stokes	
Nina Garas	Bonnie O'Nora	Natalie Tabet	

	2027 SCOOP Board of Directors		
Mary Matheson, Chair	Jennie Bailey	Robin Fabianek	Francie Paspalaris
Ron Gebhard, Vice-Chair	Andrea Crowder	Scot Hancock	Brian Peterson
Kate Riggs, Secretary	Sadie Durham	Joe Lauricella	Elizabeth Reed, Advisory Trustee
Chuck Smithers, Treasurer	Barbara Elliott	Carol Papuga	Robyn Voigt, Advisory Trustee

Winter Session 2027

Mondays – January 11 - March 8
No class January 18 or February 15
Thursdays – January 14 to March 4

Monday Pass only	$50.00_____
Thursday Pass only	$40.00_____
Tuesday (Bridge) only	$40.00_____
Monday and Thursday Pass	$70.00_____
One time New Member fee	$25.00_____
Donation—thank you!	$_____
Lunch for entire session	$56.00_____
FUN SQUAD events	$_____
Total	$_____

To register for the Winter 2027 Session by mail, please send this page in with your class selections and include your check.
Please make your check payable to:
The Shepherd's Center
2105 Park Avenue, Suite 30,
OrangePark,FL 32073
Name: _____
Address: _____

City: _____ State ____ Zip _____
Email:_____
Cell Phone:_____

Any changes above? Circle Yes or No
Register for Monday, Jan 11 lunch: Circle Yes or No
Monday Lunch & Learn: $8 Reservation Required, pay in advance or at the door

Office use only

Amount paid $ _____

Method: Check #_____ Cash CC (circle one)

Date _____

Classes Entered in New Org _____(date and initials)

Fees Entered in New Org _____(date and initials)

Entered on Card _____ (date and initials)

As a courtesy to your instructors for planning, PLEASE PRE-REGISTER FOR YOUR CLASSES! You may pay at the door on the first day of classes.
We can't wait to see you!
Mary Matheson and The Board of Directors

Indicate your choice of classes with an X

Monday 9:00 A.M.
__ Elder Law
__ Elder Law Zoom
__ BINGO for Prizes
__ Cooler Days, Garden Ways
__ Orange Park History
__ Write Your Life Story
__ Beginning Tai Chi

Monday 10:00 A.M.
__Pop and Rock
__ Jewelry Making $45 supply fee due to teacher Must email teacher at nancy.keown@yahoo.com to secure spot by 12/28
__ Knit and Chat
__ Art Appreciation
__ Living a Positive Life
__ Movement & Exercise
__ Pennies from Heaven
__ Ukulele

Monday 11:00 A.M.
__Money Mastery
__ Sharp as a Tack
__ Communication 101 and Beyond
__ Book Club
__ Line Dancing
__ Pennies from Heaven

Monday 1:00 P.M.
__ Acrylic Painting
__ Art Studio
__Chair Yoga
__ Greeting Cards $15 supply fee to teachers
__ English Country Dancing
__ Mah Jongg

Tuesday 1:00 P.M.
__ Bridge Playing

Thursday 9:00 A.M.
__Tai Chi Gung

Thursday 10:00 A.M.
__ Movement & Exercise
__ Beginner Chess
__ Art Studio
__ Basic Drawing
__ Right-Sizing Your Home
__Pennies from Heaven
__ Mah Jongg

Thursday 11:00 A.M.
__ Chair Yoga
__ Reflecting on Words
__Pennies Game 2

FUN SQUAD EVENTS
Payment due upon registration
__ 12/9/26 2 PM Holiday Party at Fox Valley Center $10
__ 1/20 Lunch at Kyodai pay your own way
__ 2/24 Clark House Tour and Picnic $15

Volunteer Opportunities Request more info
__ Clay County Schools
__ Shepherd's Center of Orange Park

Individual Contributors

August 19 - November 19

Thank you so much
for your support!

Diamond ($500 +)

Joseph Lauricella

Melanie Palmrose

Emerald ($250 +)

Marlene Bartholomew

Ruby ($100+)

Angela Alexander
Jennie Bailey
Chris Bass
Dave and Chris Neal
George and Suzanne Tower

Sapphire($50+)

Ollavan Brown
Richard Bultman
Diane Diamantis
Barbara Elliott
Christy Fitzgerald
Greg Lesak
Kris Lesak
Christine Neal
Tom Potter
Leona (Lee) Purcell
Betty Smith

ABOUT SCOOP

The Shepherd's Center of Orange Park was founded on the ideal of bringing together individuals from all walks of life to celebrate the joys of aging. This commitment fosters a culture where meaningful connections to each other, to our communities, and to the world may occur. All are welcome!

Adventures In Learning Classes are taught on various subjects by knowledgeable volunteer instructors. There are four, 8-week sessions per year. Lunch is also available along with an entertaining and informative Lunch & Learn program on Mondays.

A very special thank you to our Adventures in Learning Sponsors:
SILVER LINK CONSULTING,
ARCHWELL HEALTH,
PALAGIO SENIOR LIVING, &
COMMUNITY HOSPICE and
PALLATIVE CARE OF
NORTHEAST FLORIDA

You can make a difference at SCOOP!
Thankyou for considering agift ofsupport!

Go to www.tscoop.org under Donate or mail to:

The Shepherd's Center of Orange Park, 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Individual contributions are a significant source of our support, as we are funded entirely by the private sector. Gifts are tax-deductible and will be acknowledged by letter. Please complete the appropriate parts of this form and send it along with your contribution to the above address.

My contribution is in the amount of $_____.

Your Name _____
Address_____
City_____ State_____ Zip Code_____

Gifts to the Shepherd's Center to memorialize loved ones, or to honor friends or relatives, are effective ways to recognize them and perpetuate their memories. Appropriate letters of acknowledgement will be sent to you, and the person named below will be notified of this contribution.

Name _____
Address _____
City_____ State _____ Zip Code_____

In Memory of: _____ In Honor of: _____

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A BIG THANK YOU to the businesses who financially support the Shepherd's Center of Orange Park!

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Volunteer Opportunities!

Sign up on the Registration Page to get more information about these opportunities

Clay County Schools - Connect with the kids of our county. Volunteers assist elementary school teachers by doing fun tasks like reading aloud to kids or preparing craft activities. Days are flexible.

Shepherd's Center of Orange Park – Volunteer positions include setup/breakdown at both locations, office work, teaching, social media, photography, technology, Lunch & Learn setup, and more.

Transportation Program for Members

We offer transportation to and from our Adventures in Learning classes! An Uber to pick you up and bring you to either SCOOP location, and then return you home after your classes. We ask that you make a do- nation of $2 per one-way trip to defray part of the Uber expense. To enroll in the Transportation Pro- gram, call the office at 904-269-5315, or send an email to info@tscoop.org.

Make 55+ the Best Time of Your Life!
Enjoy life! Engage in learning!

With Gratitude to Orange Park Methodist Church

Shepherd's Center of OrangePark (SCOOP) would like to thank OrangePark Methodist Church for their many years of partnership with our organization. SCOOP exists and continues to grow because of their generosity. Orange Park Methodist Church provides the Family Life Center for the "Adventures in Learning" Program, saving SCOOP tens of thousands of dollars. We appreciate their commitment to our program, senior adults and this community!

THE Shepherd's CENTER of Orange Park

FRIENDSHIP, FUN & LEARNING FOR OLDER ADULTS

A nonprofit community service organization for adults 55+ in NE Florida
2105 Park Avenue, Suite 30 – OrangePark,FL32073

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A VERY BIG THANK YOU TO OUR ADVENTURES IN LEARNING SPONSORS!!

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